

ACADEMY TRANSITON[®]



- Daily life skills
- Social skills -
Communication skills
- Working skills
- Group of personal expression
- Self-advocacy and Self-development
- Design methodology
- Theatrical expression


Limassol

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Scientific guidance



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SOCIAL SKILLS COMMUNICATION SKILLS



- Effective communication
- Models of positive behaviors
- Understanding verbal and non-verbal communication signals.
- Good listening skills
- Ability have adaptive behavior in different communication contexts.
- Empathy
- Cooperation / Teamwork
- Development of interpersonal relationships
- Responsibility
- Emotional education
- Visits/travels
- Get to know my city and neighborhood



WORK SKILLS



- Basic computer skills
- Use of technological media
 - Arrival at work
 - Daily task management
- Duties and obligations / reliability.
- Social skills in the workplace.
- Professional development



THEATRICAL EXPRESSION

- Inclusive Theatre.
- Cultivating creative expression.
- Theatrical game
- Confidence boost
- Development of psychosocial skills.



SELF DEVELOPMENT

- Self-advocacy
- Active participation of individuals in their lives.
- Skills to express opinions on issues that concern them.
- Skills on how to express wishes, needs and set priorities.
- Self-concept / Self-definition
- Self-regulation skills
- Self-defense skills
- Problem solving techniques



GRAPHIC DESIGN AND PRODUCTION



- Graphic arts
- Design techniques
- Printing and production
- Imagination and ingenuity workshops.



VISUAL ARTS



- Visual art theory
- Design of visual art works
- Outdoor activities
- Visiting exhibition spaces



SKILLS FOR EVERYDAY LIFE



- Personal care
- Obligations
- Leisure and entertainment planning
- Money management
- Service use skills
- Time management
- Critical Thinking
- Use of public transportation
- Telephone use
- Personal life planning
- Basic safety practices
- Basic knowledge of first aid



MONEY MANAGEMENT

- Interactive workshops
- Undertaking obligations
- Independence
- Basic needs and wants
- Saving



TALENTS



- Talents Introduction
- Language of talents
- Discovery visits
- Dare visits
- Talent presentation



Η ατάκα της εβδομάδας

Quote of the week



Quote of the week